

June 2025 Newsletter · Dove Healthcare - South Eau Claire

### A Testimonial from Ellen Thorson



Team members pictured with Ellen from left to right: Michelle (PTA), Nancy (Nutritional Services Assistant Director), Reana (RN Case Manager), Carter (Environmental Services Aide), Mandy (Recreation Director), Carrie (COTA)

"I was admitted to Dove Healthcare – South Eau Claire after being transferred from Mayo Clinic in Osseo, Wisconsin. Since my arrival, I have made good progress and I owe that progress to the excellent care I have received from the entire team of care givers. I chose Dove Healthcare – South Eau Claire due to its excellent reputation, but I stay because of the people. I have had only positive experiences here and cannot think of any negative contact I have had with any employee. Thank you to everyone on the care team for making my rehab experience such a positive one!"

Michelle (PTA) shared, "Ellen has been one of the hardest working, most positive people despite dealing with issues out of her control. She always makes sure we have a laugh in therapy sessions, even on hard days. We're so proud of the progress she's made and the work she puts into everything she does. We can't think of anyone more deserving to be 'Resident of the Month' than her!"

It's an honor to know and care for you, Ellen!

"Tapestry of Life Paper Quilt"

Created by employees, residents & family, community friends, and volunteers during National Skilled Nursing Care Week

May 11-17



## **Congratulations to our June Employee of the Month Blayden Vranish**

"Blayden is an excellent team member who always goes above and beyond to help those around him. He performs his job with efficiency and care that shows by the smiles on the residents' faces. He is always willing to help and does so with such a



positive attitude! We really appreciate all he does and are so happy to have him here," shared RN Case Manager Ashley Cetnar.

Blayden responded, "The past year working at Dove Healthcare - South Eau Claire has been a joy! I'm proud to call myself a member of this team because

everyone here is lovely to work with (especially RN Russell). I take great satisfaction in giving my best for each and every resident, and I am thankful for this acknowledgement of the work I do."

Congrats and thank you, Blayden! We're grateful to have you on the team.

### Congratulations to our June Rookie of the Month Kaylee Gast

"Kaylee has been a welcome addition to the recreation team, and she has brought with her a strong sense of sensitivity, care, and intentionality toward the residents of Dove Healthcare - South Eau Claire. She has blended well into our little family here. It is appreciated how she has integrated into the team, as well as how she collaborates



within the recreation department and the other disciplines. We look forward to her continued growth and development in her role as she serves the residents' social and recreational needs. Thank you, Kaylee, for your contributions to this 'work of heart' in which we all share. We are so happy to have you on the team," shared Recreation Director Mandy Alvar

Kaylee responded, "After graduating in December, I was searching for a job worth investing in, but I never would have guessed that I would find such a great place to work with people who are so dedicated to caregiving. After receiving my bachelors degree in social work, I have appreciated the opportunities to practice advocacy for this population, as well as develop meaningful relationships that have been fostered through my role here. I look forward to seeing what the future holds and how those relationships continue to flourish."





### **Tips for Walking on Uneven Ground**

As the weather begins to warm up this summer, you may be looking to enjoy some time outside, which may mean walking on uneven terrain such as grass or gravel.

### Here are some tips about how to walk safely on uneven ground:



- Footwear: Be sure to wear supportive footwear such as tennis shoes or hiking shoes instead of flip flops or sandals that do not offer as much support.
- Watch your step: Avoid areas where you can visibly see mud, water, or loose rocks.
- Choose your device wisely: A single point cane is better than a quad cane, and a walker with big wheels is better than a walker with small For Assembly wheels
- Go slow: Walk slowly and carefully, take shorter steps, and pay attention to the terrain ahead of you.
- Use the sidewalk: When a sidewalk is available, it would be beneficial to use it to avoid the need to walk on uneven ground.

For more information from our therapy team: info@dovehealthcare.com 715-723-9348, ext 1250

Article contributed by Rehabilitation Manager and COTA Amy Scribner, Dove Healthcare - Spooner

### Follow Us on Facebook!

Facebook.com/dovehealthcaresoutheauclaire If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just another great way to keep in touch.

### **Easy Summer Desserts:** Strawberry Shortcake

### Ingredients

Lemon Cornmeal Biscuits 2 Cups All-Purpose Flour 3/4 Cup Medium Grind

Cornmeal

1/2 Cup Sugar

2.5 Tsp Baking Powder

3/4 Tsp Salt

1/2 Cup Coconut Oil (hardened and cut into small

pieces)

2 TBSP Lemon Zest

2 TBSP Lemon Juice

2 Eggs, beaten

1/4 Cup almond milk, more for brushing Coarse Sugar, for sprinkling, optional

3 Cups Strawberries, sliced

2 Cups Whipped Cream

Mint Leaves, optional

#### Instructions

- 1. In a medium mixing bowl, whisk together flour, Cornmeal, sugar, baking powder and salt.
- 2. Using your hands, work the coconut oil in until the mixture resembles coarse sand. Add the lemon zest, lemon juice, eggs, and milk and mix until just combined. The dough will be more moist and pliable than traditional biscuit dough.
- 3. Turn the dough out onto a lightly floured piece of parchment paper and pat into a 1/2 inch thick rectangle. Fold the dough into thirds and pat and roll again until 1 inch thick. Freeze for 20 minutes.
- 4. Preheat the over to 400 degrees and line a baking sheet with parchment paper.
- 5. Remove dough from the freezer and use 2.5 inch round biscuit cutter to cut out 3-4 biscuits. Re-roll the scraps as necessary to cut out 8 1-inch biscuits. Place the biscuits on the baking sheet.
- 6. If desired, brush the tops of the biscuits with a little almond milk and sprinkle with coarse sugar.
- 7. Bake 16-18 minutes or until golden brown around the edges.
- 8. Assemble the strawberry shortcakes with the biscuits, strawberries, cream and mint, if desired.



### **2025 Healthcare Careers Scholarship** Recipients Announced

Established in 2019 to recognize and encourage high school seniors pursuing a career in a healthcare related field at an accredited technical college or four-year university, the **Dove Healthcare Community Foundation** recently awarded seven scholarships to graduates in Barron, Bloomer, Chippewa Falls, Eau Claire, Osseo-Fairchild, and Rice Lake.

Applicants included with their completed application an essay about why they chose a career in healthcare, educational and career goals, influential persons or events, opportunities they had to work or observe their chosen career field, as well as how the scholarship would affect their future education.

The 2025 healthcare careers scholarship recipients include Reese Allen of Barron; Zoey Schwartz of Bloomer; Simon Fish of Chippewa Falls; Alyssa Straschinske and Sophia Burt of Eau Claire; Hailie Knudtson of Osseo-Fairchild; and Julia Holthaus of Rice Lake.

Foundation Board Chair Cayci Young shared, "Our scholarship selection committee had the wonderful honor of reviewing applications from many talented and driven students. The workforce needs in healthcare are great and the opportunities are endless, so it was exciting to have a glimpse into the aspiring, young minds ready to take on the challenge. Our foundation is so happy to play a small role in supporting their bright futures."

The Dove Healthcare Community Foundation, a non-profit 501(c)(3) organization, has a special interest in advancing the healthcare workforce in Wisconsin, as well as supporting programs and initiatives that aim to enhance the lives of seniors, including Veterans and those with a chronic or complex health condition or rehabilitative need.

To learn about the foundation's accomplishments and make an online donation to support their efforts:

Web: dovehealthcarefoundation.org

Phone: 715-552-0460

Email: info@dovehealthcare.com



Pictured above: Director of Nursing Pete Schroeder with Alyssa Straschinske (CNA)



# 2025 Scholarship Recipients!

















## Skilled Nursing Care Week (May 11-17): Immaculate Conception 2nd Graders Tapestry Project



## National Skilled Nursing Care Week May 11-17, 2025















Furry Friends Visits!



Dachshund Puppy Visits with Community Friends



## Second Wind Singers, The Mandicorn & Joyful Notes!



Birthday Club Piñata Party!



# Gardening in the Courtyards













Homemade Pillow Project with Audrey's Daughter, Shari



# Monks Bar & Grill: Patio Fun in the Sun!



# Diane's Success Story

## From Hospital to Dove Healthcare

## TO HOME



"I loved being here and even though I am sad to leave, I'm also glad to go home and so thankful for what everyone did to help me get to this point.

I will miss all the people here; they were all so nice. I will especially miss the unicorn and bubbles!

This is such a clean place, the food was great, and the physical therapy was very effective.

I just couldn't say enough about every aspect of my care and what it has meant to heal and rehab among such wonderful people!

My family and I can definitely attest that if someone were to need physical rehabilitation, this would be the place to go!"

Thank you, Diane, for giving us the great honor to know and care for you.

Best wishes always!



Saunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday   Sat		りころう	ロロコロロ	する ここで	ロロコロリコ	777	
1300 Music in Motion	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Morning Visits   9:30 Caffee Clutch   1:00 Music in Motion			Clutch Motion he Dog Hour	4 9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo			7 10:30 Messiah Lutheran Church Service 1:30 Afternoon Games
13.00 Morning Visits 9:30 Coffee Clutch 13:00 Music in Motion 13:00 Morning Visits 13:00 Music in Motion 13:00 Music in Motion 13:00 Morning Visits 13:00 Music in Motion 13:00		9 9:00 Morning Visits 11:00 Music in Motion 1:30 Concordia Lutheran 3:00 Music: Rich S. (Guitar & Vocals)	10 9:30 Coffee Clutch 11:00 Music in Motion 3:00 Happy Hour & Resident Council	9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo	(Hair Salon Day) 12 9:00a-5:00p Hair Salon 11:00 Music in Motion 1:00-4:00 Manicures	9:00 Morning Visits 11:00 Music in Motion 3:00 Courtyard Luau Beach Bash!!	Flag Day 14 10:30 Messiah Lutheran Church Service 1:30 Afternoon Games
National Pink Day 23 9:30 Coffee Clutch 9:00 Morning Visits 11:00 Music in Motion 11:00 Music in Motion 11:30 Floral Arranging 1:30 Spirit Lutheran Singers  3:00 Happy Hour 2:30 Bingo 11:00 Music: in Motion 11:00 Music i	Father's Day 15 2:00 Dad's Rootbeer Floats (Room to Room) (Family Time)	9:00 Morning Visits 11:00 Music in Motio 1:00 Humane Assoc. 3:00 Courtyard: Reminiscing Group	Nat'l Root Beer Day 9:30 Coffee Clutch 11:00 Music in Motio 12:00-4:00p Irvine Park Outing & Community Friends	FOOT CLINIC DAY 18 9:00a-12:00p Foot Clinic 9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo	Juneteenth Day 19 9:00a-5:00p Hair Salon 11:00 Music in Motion 1:00-4:00 Manicures 2:30 Music: Recorder Group: "MJ Consort"	Ice Cream Soda Day 20 9:00 Morning Visits 11:00 Music in Motion 3:00 Ice Cream Soda Birthday Club	World Day of Music 21 10:30 Messiah Lutheran Church Service 1:30 Afternoon Games
39 June Dairy Month 9:00 Morning Visits 11:00 Music in Motion 3:00 Music: Johnny L.  (guitar & vocals)  (guitar & vocals)	0.00	National Pink Day 9:00 Morning Visits 11:00 Music in Motio 1:30 Floral Arranging 3:00 Second Wind Singers	9:30 Coffee Clutch 11:00 Music in Motioo 1:00 Chelsea the Dog 1:30 Spirit Lutheran 3:00 Happy Hour	25 9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo	(Hair Salon Day) 26 9:00a-5:00p Hair Salon 11:00 Music in Motion 1:00-4:00 Manicures	9:00 Morning Visits 11:00 Music in Motion 1:30 Farkle 3:00 Music: Lorn & Royce	28 10:30 Messiah Lutheran Church Service 1:30 Afternoon Games
	190 - 190	9:00 Morning Visits 11:00 Music in Motio 3:00 Music: Johnny L (guitar & vocals)	June Dairy Mor	Synames	Fathers DAY	The hair salon is available from 9AM-5PM on Thursdays. Please contact recreation for assistance in making an appointment.	The recreation calendar is subject to change based on resident needs, interests, and current infection control guidelines.

