



Dove Healthcare

April 2025 Newsletter · Dove Healthcare - Rutledge Home

From the Director's Desk

The month of April is going to be a very busy one at Dove Healthcare - Rutledge Home!

Our team is training hard for the implementation of PointClickCare (PCC), our new electronic health record system. We are excited to see all the program has to offer with simplified record keeping tasks to support us in providing quality care. Our team will go live with PCC on May 1!

We are also working on finishing renovations on third floor! The expansion will allow us to meet the strong demand for memory care in our community. With a current capacity to care for 42 residents on first and second floor, our new care capacity will be 28 for assisted living and 29 for memory care. We already have a number of individuals on our interest list waiting for an opening. Families are encouraged to inquire now, schedule a tour, and get added to our interest list (no fee required).

PLEASE JOIN US MAY 6!

We are planning an Open House with Ribbon Cutting Ceremony on third floor to celebrate our expansion. Join us with your friends and family on Tuesday, May 6, 2025 from 3-5PM!



We are very excited about everything we are doing this month to prepare for May! Stay tuned as we post updates to our social media pages.

Happy Spring!
Kena Luzinski, Director
kenarae.luzinski@dovehealthcare.com
715-723-3093 ext 144



Happy Birthday to our Residents

Paul - April 2

Val - April 4

Sharon - April 6

Kris - April 25

Happy Birthday to our Team Members

Kena - April 8

Ashley - April 27

Happy Anniversary to our Team Member

Eliza - 3 years

Welcome New Team Members

Jozelyn - RA

Lindsey - RA

MaKaria - RA

Micha - RA

Noah - RA



Meet our 2025 Recipients of the \$2,500 Sandy Rasmussen Scholarship

We are excited to announce the recipients of Dove Healthcare's 8th Annual \$2,500 Sandy Rasmussen Scholarship Award. **Congratulations to Destiny Pichla at Dove Healthcare - Regional Vent Center and Spencer Herrick at Dove Healthcare - Bloomer!**

Destiny & Sandy



Sandy & Spencer



Director of Nursing Ashley Spaeth had this to say about Destiny, "Destiny is very competent of her job duties and continues to challenge herself and grow. She is a CNA, CNA mentor, and medication aide. Destiny demonstrates compassion for our residents, a clear sense of responsibility, excellent organizational skills, and has gone above and beyond her duties."

Nurse Case Manager Kari Engelstad had this to say about Spencer, "Spencer is kind, outgoing, and eager to learn. He is hard working and very well liked by his peers and the residents. In addition to his impressive work ethic, Spencer is a natural leader and a humble employee. He has a great attitude and is always willing to help out a fellow co-worker."

We are so grateful for everyone that took the time to apply for this scholarship. Dove Healthcare is blessed with bright, talented individuals.

This scholarship was created in honor and appreciation of Sandy Rasmussen, a dedicated, hard-working, and compassionate employee of Dove Healthcare – Rutledge Home for over 50 years! Sandy served in a variety of roles over the years, from resident assistant to nutritional services director. She has also served her community through countless hours fundraising for the Alzheimer's Association and American Cancer Society.

Scholarship Committee Chair Kena Luzinski shared, "Destiny and Spencer emulate Sandy's compassion and energy. We are honored to be able to help them advance their education and career in healthcare."

Destiny, a CNA and medication aide, is enrolled in the nursing program at Northwood Technical College, while **Spencer**, an LPN, is completing the nursing program at CVTC. Both have achieved Dove Healthcare's signature **HomeGROWN** status during their time with us.

Dementia Friendly Tip of the Month

Stimulating Easter Activities

1. Help with an Egg Hunt
2. Make Sachets
3. Make Creative Easter Baskets
4. Create Easter Cards
5. Paint Eggs
6. Create a Garden
7. Have a Virtual Family Gathering

([Avanti-sl.com/7-stimulating-easter-activities-for-those-living-withdementia](https://avanti-sl.com/7-stimulating-easter-activities-for-those-living-withdementia))



April is Occupational Therapy Month

Article by Emily Erickson, regional assistant director of rehabilitation, and Amy Scribner, rehabilitation director and COTA at Dove Healthcare - Spooner.

The American Occupational Therapy Association defines occupational therapy (OT) as the only profession that helps people across the lifespan do the things they want and need to do through the therapeutic use of daily activities.

The profession was born in 1917, the same year the U.S. entered World War I. The sudden need for rehabilitation of soldiers from physical injuries and shell shock was formative in occupational therapy falling under the umbrella of physical medicine, as well as mental health.

Through the process of evaluation, assessment, and interventions, occupational therapists help their patients overcome limitations and restore independence in the activities that matter most to each individual patient.

OT is helpful in the treatment of:

-stroke	-spinal cord injury
-traumatic brain injury	-developmental disabilities
-cerebral palsy	-low vision
-Parkinson's	-amputation
-orthopedic conditions, including rotator cuff tear /repair, carpal tunnel syndrome, tendonitis, and arthritis.	



Benefits may include:

- **maintaining or regaining** the ability to perform daily tasks such as bathing, dressing, eating, and personal hygiene
- **learning** how to use recommended adaptive equipment to increase independence with self-cares
- **strengthening** fine and gross motor skills, **improving** coordination and mobility
- **assisting** with fall prevention through environmental modifications and recommendations (i.e. decluttering a space to make it easier to maneuver through, getting rid of throw rugs to decrease the chance of a walker getting caught up on it)
- **completing** home assessments to determine the need for equipment at home, such as a bath bench or toilet riser
- **improving** or maintaining a caregiver's health and wellness by increasing a care receiver's level of independence with transfers, standing, cares

For more information, contact Regional Director of Rehabilitation Angella Niblett: 715-723-9348, ext. 1243

Responsibilities of a Power of Attorney for Health Care Agent

A Power of Attorney (POA) for Health Care (HC) agent makes **health care** decisions on behalf of a person that is unable to advocate for themselves because of incapacity. The person has personally chosen their POA-HC agent (in advance) because they trust the agent to implement their health care wishes (in the event they become incapacitated and are no longer able to do so for themselves). In Wisconsin, only a person's legally authorized representative - an agent under a valid POA-HC document **or** a court-appointed guardian - may provide informed consent to health care treatment on their behalf.

It is important to understand that family members, such as a spouse or parent, do not have inherent legal rights to make health care decisions on behalf of an adult loved one (age 18+), which is why completing the POA-HC document is so important.

It is only when the POA-HC document becomes "**activated**" that the POA-HC agent can then legally make **health care** decisions, which are defined as "an informed decision in the exercise of the right to accept, maintain, diagnose, or treat an individual's physical or mental condition." Depending on the exact language of the document, the POA-HC agent may also choose medical professionals and care facilities and consent to surgical procedures and medications. The POA-HC agent may also make certain end-of-life decisions based on what authority has been delegated.

POA-HC agents do *not* have authority to make decisions about **non-medical** issues. At Dove Healthcare, this includes things like deciding who may visit a resident, whether a resident may smoke, or what a resident must eat (unless it is directly tied to a health care decision). An incapacity to make health care decisions does *not* mean a resident has legally lost other decision-making abilities / rights. Residents of a licensed or certified Wisconsin long term care facility, have rights guaranteed to them by state and federal laws. Dove Healthcare abides by these **resident rights** and gives a copy of these rights upon admission and there is a posting in the building as well.

If you have any questions regarding POA - HC (including the required steps for activation), contact your county's Aging & Disability Resource Center, the ombudsman, the social worker of a skilled nursing facility / nursing home, and/or the director of an assisted living residence.

Bring your family and friends to our
Easter Extravaganza

Dove Healthcare - Rutledge Home
300 Bridgewater Avenue · Chippewa Falls

Friday, April 18, 2025 · 1:30 - 3PM

Featured Festivities

Flower Planting
Easter Egg Hunt
Cookie Decorating
Egg Dyeing
Visit with the Easter Bunny

*“Hey Kids,
Come see me rain or
shine! Festivities will be
moved into the
lower level rec room
in the event of
uncooperative weather!
Can’t wait to see you!”
Love, The Easter Bunny*

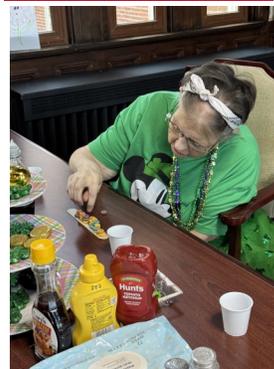
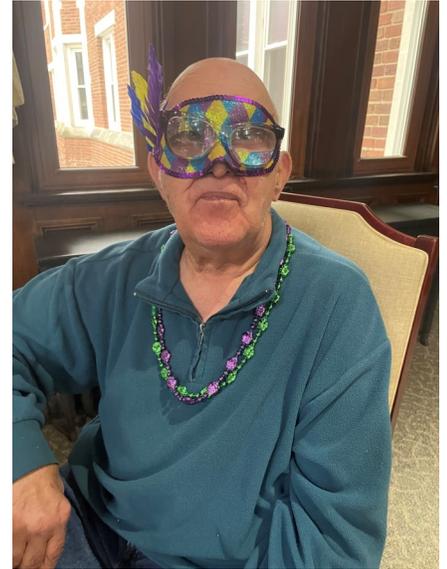


**This is a no-cost event. Contact Kena with questions.
715-723-3093, ext. 144
kenarae.luzinski@dovehealthcare.com**

March Memories



More March Memories!





* Activity events are subject to change based on resident need and interest

APRIL 2025

Breakfast 7-9am
Lunch 11:30am
Supper 5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00 POWER UP 12:30 Leisure Activities 1:30 Quarter Bingo	 9:00 Salon 10:00 POWER UP 1:30 Bingo 3:00 1:1 Visits	9:00 Salon 10:00 MASS 1:00 Dice Games 2:00 Jeopardy	9:00 Salon 10:00 POWER UP 1:00 Reading Hour 2:00 Three Game Challenge	9:00 Salon 10:00 POWER UP 1:00 GIVE BACK GROUP: Easter Baskets for Kids USA	RESIDENT COUNCIL 4 9:00 Salon 10:00 POWER UP 1:30 Bingo / Happy Hour	10:00 POWER UP 12:30 Leisure Activities <i>Afternoon Sundaes On Saturday</i>
6 10:00 POWER UP 12:30 Leisure Activities 1:30 Quarter Bingo	7 9:00 Salon 10:00 POWER UP 1:30 Bingo 3:00 1:1 Visits	8 9:00 Salon 10:00 POWER UP 1:00 Card Games 2:00 MUSIC: Troy Fenske	RUTLEDGE STORE 9 9:00 Salon 10:00 POWER UP 1:00 Baking for Stand in the Light Memory Choir	10 9:00 Salon 10:00 POWER UP 1:00 1:1 Visits 2:00 A Day at the Masters!	11 9:00 Salon 10:00 POWER UP 1:30 Bingo / Happy Hour	12 10:00 POWER UP 12:30 Leisure Activities <i>Afternoon Sundaes On Saturday</i>
13 10:00 POWER UP 12:30 Leisure Activities 1:30 Quarter Bingo	14 9:00 Salon 10:00 POWER UP 1:30 Bingo 3:00 1:1 Visits	15 9:00 Salon 10:00 POWER UP 1:00 STEM: Lava Lamps 2:00 STEM: Rockets	RUTLEDGE STORE 16 9:00 Salon 10:00 POWER UP 1:00 Reading Hour 2:00 Baking Group: Cookies	17 9:00 Salon 10:00 POWER UP 1:00 1:1 Visits 3:00 Power of the Winds Music Performance	18 9:00 Salon 10:00 POWER UP 12:00 Party Set - Up 1:30 Easter Extravaganza	19 10:00 POWER UP 12:30 Leisure Activities <i>Afternoon Sundaes On Saturday</i>
EASTER 20 10:00 POWER UP 12:30 Leisure Activities 1:30 Quarter Bingo	21 9:00 Salon 10:00 POWER UP 1:30 Bingo 3:00 1:1 Visits	EARTH DAY 22 9:00 Salon 10:00 POWER UP 1:00 Variety of Bird Feeders	RUTLEDGE STORE 23 9:00 Salon 10:00 POWER UP 1:00 Reading Hour 2:00 Garden Stones	24 9:00 Salon 10:00 POWER UP 1:00 May Day Baskets	25 9:00 Salon 10:00 POWER UP 1:30 Bingo / Happy Hour	26 10:00 POWER UP 12:30 Leisure Activities <i>Afternoon Sundaes On Saturday</i>
27 10:00 POWER UP 12:30 Leisure Activities 1:30 Quarter Bingo	28 9:00 Salon 10:00 POWER UP 1:30 Bingo 3:00 1:1 Visits	29 9:00 Salon 10:00 POWER UP 1:00 Spa Day	RUTLEDGE STORE 30 9:00 Salon 10:00 POWER UP 1:00 Reading Hour 2:00 Card Games			Paul - 2 Val - 4 Sharon - 6 Kris - 25



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