

June 2025 Newsletter · Dove Healthcare - Barron Assisted Living

A Message from the Director

Happy June,

Wow, what a year it's been already! It's honestly hard to believe it was a year ago this month that I started with Dove Healthcare! It's fun to look back on all the changes we've made around here this past year, and I look forward to what we can improve on this next year. Thank you all for your kindness and patience with me being new here to Dove Healthcare, it's greatly appreciated.

I'm looking forward to this month of June as there are many activities that you'll want to make sure you join in on. I'm personally looking forward to the front patio planting, making our entrance even more homey with all the beautiful flowers. On Friday of that week, make sure you have all your rummage sale items ready as this is a great way to sell some items and potentially find some new treasures. Finally, June is also the month we celebrate dads and all they have done for their families. They are special and irreplaceable people, so make sure to take the time to reflect, remember, and enjoy.

Again, thank you all for a great year, and I look forward to what lies ahead. As always, my door is open for questions or concerns, or just good conversation.

Jena Florczak Director



Happy Birthday, Tenants!

6/3 - Jim H 6/7 - Mary H

Welcome New Tenants!

Marty G

Welcome New Employees!

Jessica B

Happy Birthday Employees!

6/6 - Sherry L

6/7 - Allison R

6/18 - Marisa W

6/27 - Jena F

Employee Anniversary!

Jena F - 1 year



Find us on Facebook

Follow Us on Facebook!

facebook.com/dovehealthcarebarron

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

Do You Have a Loved One Residing at Dove Healthcare?

MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your

loved one with a special greeting. Scroll to the bottom of any page on dovehealthcare.com and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

Recognize a Dove Healthcare Employee

RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare employee who went

above and beyond in their work during your time with us.



Scan QR code, or visit dovehealthcare.com/recognize today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident? Did their attitude and actions

promote a positive experience? Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

Introducing the Newest Member of our Assisted Living Nurse Consultant Team

To ensure the best nursing support possible for the residents and tenants of our six assisted living locations, especially with the recent growth at Dove Healthcare – Rutledge Home, we hired a fourth assisted living nurse consultant. Registered Nurse Kelly Heinbuch will start on June 9.



Kelly first joined our team in 2002 at Dove Healthcare – West Eau Claire as a CNA and successfully climbed the nursing career ladder to wound care nurse / nurse case manager, leaving us just a couple years ago for a new adventure. Kelly is excited to come back to Dove Healthcare and be a part of our assisted living nurse consultant

team!

The following is the official plan for nurse coverage once Kelly has completed training and onboarding in early July:

- Abbie Knutson, RN: Dove Healthcare -
- Bloomer Assisted Living and Osseo Assisted Living
- Lisa Spalding, RN: Dove Healthcare –
- Orchard Hills Assisted Living three to four days a week, supporting Dove Healthcare - Rutledge Home the other days
- Kelly Heinbuch, RN: Dove Healthcare Rutledge Home
- Rachel Ranney, RN: Dove Healthcare Barron Assisted Living and Spooner Assisted Living

Our hope is the above structure will allow Rachel Ranney as the assisted living nurse supervisor to best support the nurse consultant team at all six locations.

Thank you for your support as we make this transition. Feel free to contact Rachel anytime with questions.

rranney@dovehealthcare.com | 715-930-6033

Nursing Headlines

Dehydration

Anyone can get dehydrated, but the odds are higher for some people:

Older adults often don't realize they're thirsty. People who are ill with a cold or sore throat may not want to eat or drink. People with a chronic disease such as type 1 or type 2 diabetes may urinate a lot if the disease is uncontrolled. They also may take medicines such as water pills, which can also cause increased trips to the restroom.

Here's how you can help yourself stay hydrated by drinking as much water as your body needs:

- Always take a water bottle wherever you go and refill it as needed. For cold, refreshing drinks, keep freezer-safe water bottles in the freezer overnight and carry them during the day.
- Drink water before each meal.
- Add a slice of lime or lemon to flavor your water, making it more enjoyable to drink.
- Reach for water instead of sugary or caffeinated drinks to guench your thirst.
- If you tend to forget to drink enough water, setting reminders on your phone to take water can be helpful.
- Listen to your body and drink water as soon as you feel thirsty.
- Add more water-rich foods such as vegetables, fruits, and soups into your diet.

Source: Mayo.edu

Thank you,

Abbie Knutson, BSN RN, Assisted Living Nurse Consultant



A Minute With Maintenance

Over a year ago, one of my relatives lost a two-stall garage and a couple of cars to a fire. The likely cause was a battery powered snow blower that had been plugged in



after clearing the driveway. A couple of hours after using the snow blower, they looked out of their home to see the detached garage engulfed in flames. Most of us have seen dramatic video footage of a fire caused by a battery being charged that malfunctions and overheats. Some types of batteries can also give off gases while charging.

These risks have not gone unnoticed by state and federal agencies. In recent years, regulators have started to require skilled nursing facilities to only charge batteries used in power chairs, power equipment, and patient lifts in ventilated storage or utility rooms that have self-closing doors. Charging them in resident rooms or hallways can be a violation that can lead to a citation. Small batteries can still be charged in rooms, such as phones, razors, or hearing aids.

It is always a good idea to keep any size charging units away from easily combustible materials or flammable liquids. Heat is generated by any charging and if it malfunctions, the chances of an uncontrollable fire are minimized if there is nothing nearby that can also easily ignite.

Brent Swan, Maintenance Technician

Our Sincere Sympathy

The Dove Healthcare family wishes to extend our sincere sympathy to the families of...



Rudy Schleusner

and

Terry Rone

Although gone from this place, their presence in our lives will remain a precious memory. Thank you for giving us the opportunity to care for your loved ones.

Tips for Walking on Uneven Ground

As the weather begins to warm up this summer, you may be looking to enjoy some time outside, which may mean walking on uneven terrain such as grass or gravel.

Here are some tips about how to walk safely on uneven ground:



- Footwear: Be sure to wear supportive footwear such as tennis shoes or hiking shoes instead of flip flops or sandals that do not offer as much support.
- Watch your step: Avoid areas where you can visibly see mud, water, or loose rocks.
- Choose your device wisely: A single point cane is better than a quad cane, and a walker with big wheels is better than a walker with small wheels.
- Go slow: Walk slowly and carefully, take shorter steps, and pay attention to the terrain ahead of you.
- Use the sidewalk: When a sidewalk is available, it would be beneficial to use it to avoid the need to walk on uneven ground.

For more information from our therapy team: info@dovehealthcare.com 715-723-9348, ext 1250

Article contributed by Rehabilitation Manager and COTA Amy Scribner, Dove Healthcare - Spooner

Recreation Highlights

June is the start to summer! I can't wait for those beautiful summer nights. I hope everyone has some time outdoors to enjoy the Wisconsin weather.

May was another active and engaging month! We enjoyed a Mother's Day Tea with wearing some fun hats and treats of macrons and other sweets. We had Jack Gorski entertain us, a Memorial Day picnic, and a happy hour with a chocolate liqueur being the popular drink. There was the birthday party, and an entertaining visit from the Barron Woodland Elementary 4K kids too.

June will also bring garden and pot planting, a Father's Day celebration, another rummage sale, and dine-in with DQ.

Outings this summer will include heading out to County Lane and Music in the Park.

Happy Father's Day to all the fathers.

Lori Van Ess, Community Development Coordinator

Memories from the Month



Mother's Day tea fun!





Our Mission

As an innovative healthcare provider and community partner, we provide compassionate care and service to meet the needs of those who depend on us. We commit to excellence through adherence to high standards, disciplined leadership, and mutual respect for all.







Our Memorial Day picnic was fun even if it was inside!

2025 Healthcare Careers Scholarship Recipients Announced

Established in 2019 to recognize and encourage high school seniors pursuing a career in a healthcare related field at an accredited technical college or four-year university, the **Dove Healthcare Community Foundation** recently awarded seven scholarships to graduates in Barron, Bloomer, Chippewa Falls, Eau Claire, Osseo-Fairchild, and Rice Lake.

Applicants included with their completed application an essay about why they chose a career in healthcare, educational and career goals, influential persons or events, opportunities they had to work or observe their chosen career field, as well as how the scholarship would affect their future education.

The 2025 healthcare careers scholarship recipients include Reese Allen of Barron; Zoey Schwartz of Bloomer; Simon Fish of Chippewa Falls; Alyssa Straschinske and Sophia Burt of Eau Claire; Hailie Knudtson of Osseo-Fairchild; and Julia Holthaus of Rice Lake.

Foundation Board Chair Cayci Young shared, "Our scholarship selection committee had the wonderful honor of reviewing applications from many talented and driven students. The workforce needs in healthcare are great and the opportunities are endless, so it was exciting to have a glimpse into the aspiring, young minds ready to take on the challenge. Our foundation is so happy to play a small role in supporting their bright futures."

The Dove Healthcare Community Foundation, a non-profit 501(c)(3) organization, has a special interest in advancing the healthcare workforce in Wisconsin, as well as supporting programs and initiatives that aim to enhance the lives of seniors, including Veterans and those with a chronic or complex health condition or rehabilitative need.

To learn about the foundation's accomplishments and make an online donation to support their efforts:

Web: dovehealthcarefoundation.org

Phone: 715-552-0460

Email: info@dovehealthcare.com



















Reese Allen was the Dove Healthcare Community Foundation scholarship recipient from Barron High School.



Congratulations to our College Graduate: Karla Lara!



Our very own Karla Lara graduated from UW–Stout with a bachelor's degree in art education and will begin her career as a K-12 art teacher in New Auburn. Congratulations, Karla!

Lory's Success Story

New Home + Things to Do + Good Friends & Food + Outpatient Therapy



"My experience so far has been a positive one in many ways. The employees are nice, productive, very good, and I have not had a bad experience yet. I am comfortable with the employees, and I trust them.

The food is good. My favorites are the sloppy joes, pancakes, and waffles. The kitchen is very accommodating and listens to my desires. If I don't want something, they find something else.

I have been busy with the activities. I like bingo, games, and exercises with Pam. Pam is wonderful and tailors the exercises to what we need for the day. Crafts have been a lot of fun and allows my creativity to blossom.

The community room here is also open for us to use, so I have another space outside of my apartment to work on my diamond art. The building is bigger than what I thought it would be. The employees have helped me get the things I needed when I first came here to help make it more like home.

Physical and occupational therapy has been good too. They do not force me to go beyond my limitations. If I have a bad day, they have me do what I can, and we catch up at the next session. The therapists showed me better ways of doing things to make my life easier and put work where it is needed and not wasted energy."

Shelly is a COTA on the Dove Healthcare therapy team and saw Lory as an outpatient in the new fitness center at Dove Healthcare – Barron Assisted Living. Shelly shared, "When working with tenants in their own environment and apartment, it truly paints a perfect picture of how their everyday life is for them. Lory was weak and tired and had depleted confidence in herself when she first came. She gained not only strength and stamina during our therapy sessions, but also the confidence that was hiding within. Lory has gained great friendships too and shares her interests with others. With all Lory's hard work in therapy she has achieved goals and will continue to thrive. Best wishes, Lory!"

Lory is pictured here with Jen, RA; Shelly COTA; Sasha, CNA/RA; and Susie, housekeeping.



Caring for Barron PERSONAL. LOCAL. LOYAL.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church services available on TV or online Independently	10:00 Front patio planting 1:00 Bible Study 1:00 Pen Pals	10:00 Catholic	2:00 Independent Games	2:30 Quarter Bingo with Frank	10:00 Exercise with Pam 2:00 Rummage sale	9:00 Coffee Tea Social Mary H birthday
Church services available on TV or online Independently	1:00 Bible Study	10 10:00 Catholic Communion 1:00 Games with BCDSI 2:30 Quarter Bingo	11 10:00 Trivia	12 2:30 Quarter Bingo	13 10:00 Exercise with Pam 2:00 Father's Day Fun	14 9:00 Coffee Tea Social
Church services available on TV or online Independently	1:00 Bible Study 1:00 Pen Pals		18 10:00 Tech Help 1:30 LCR	19 2:30 Quarter Bingo with Frank	10:00 Exercise with Pam 2:00 June Birthday Party	9:00 Coffee Tea Social 2:00 Bingo with Frank
Church services available on TV or online Independently	23 1:00 Bible Study 2:30 Hymn Sing	24 10:00 Catholic Communion 2:30 Quarter Bingo		26 10:30 Tenant Meeting 2:30 Quarter Bingo	10:00 Exercise with Pam Dine-in	9:00 Coffee Tea Social
Church services available on TV or online Independently	1:00 Bible Study 1:00 Pen Pals		ealthcare Recre	eation Cal	Assisted endar	

Notes: Library books available near the mailboxes. Games and puzzles available for tenant use in the community room.





MONDAY JUNE 23, 2025 ROLLING OAKS GOLF COURSE

\$50 - per player (includes cart, lunch & dinner) Register as a team

Sign up by June 1st, call Jon at Rolling Oaks Golf Course, 715-537-3409 \$25 dinner only option, email barronchamberwi@gmail.com to RSVP

Check in 11:30 am

Lunch at Rolling Oaks Supper Club 11:30 am - 12:45 pm

4 player shotgun start 1:00 pm

Dinner, awards & prizes at Rolling Oaks Supper Club following tournament (around 4:30 pm)

Event will be held rain or shine, all sales final

THANK YOU TO OUR SPONSORS



























